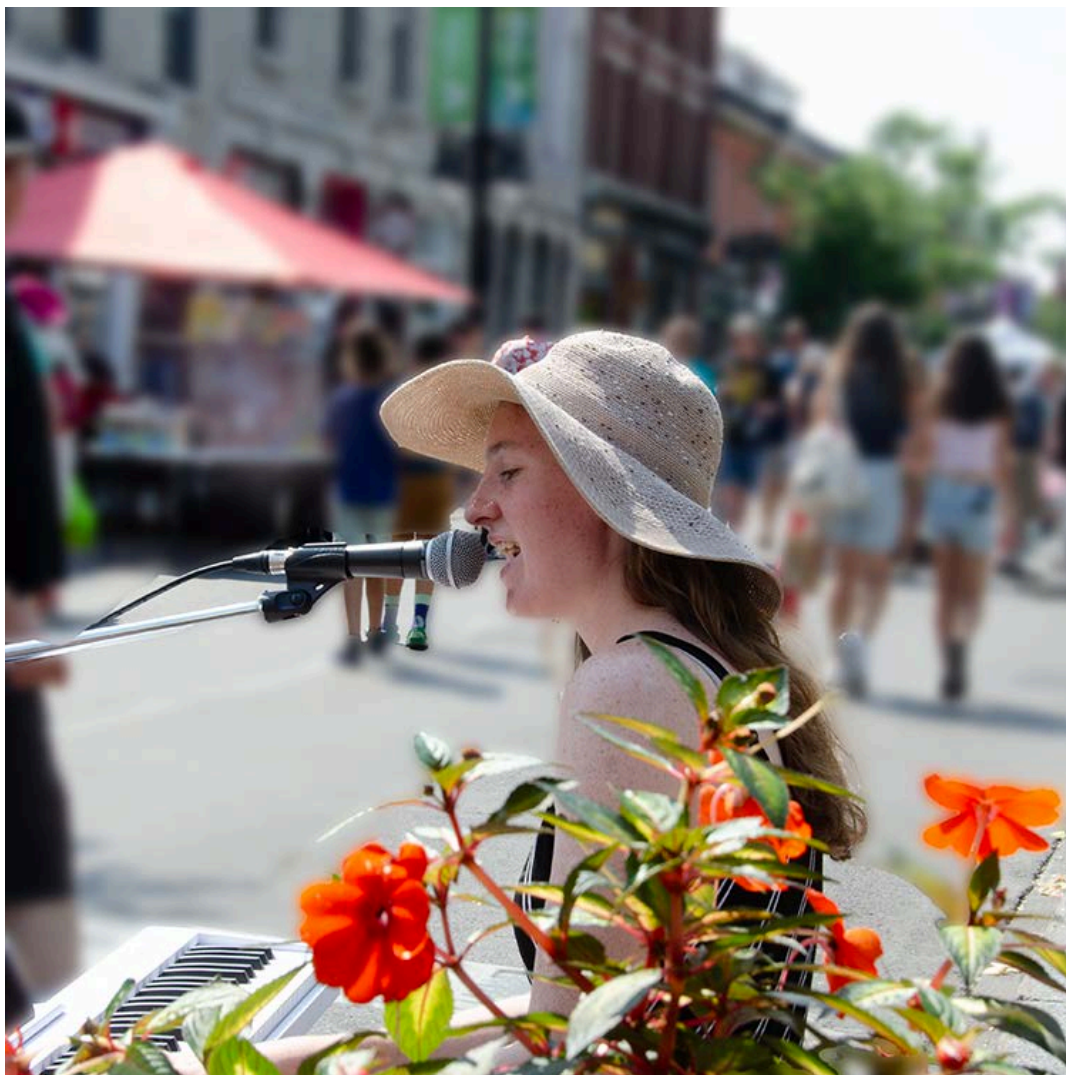




Join Us for the Last Promenade of the Year!



Mark your calendars — we'll be back for the **final Promenade of the season on September 13th** from 10 am - 5 pm!

Don't miss your chance to come by, say hello, and learn more about how Ryandale is working to create safe and supportive housing in

Kingston.

Let's finish the season strong together — see you on Princess Street!

A big **thank you** to everyone who stopped by our booth at the August 2nd Princess Street Promenade! We loved connecting with our community, sharing Ryandale's story, and seeing so many familiar (and new!) faces. ❤️



🍕 Family Fundraiser Night – September 10, 2025



SEPTEMBER 10, 2025

FAMILY FUNDRAISER NIGHT

ORDER THE DEAL BELOW AND \$12.50 WILL BE DONATED TOWARDS RYANDALE TRANSITIONAL HOUSING

**2 MEDIUM
3-TOPPING PIZZAS
CHEESY BREAD & CINNA STIX®**

\$34.99*

Offer code:
3370

**LOCALLY OWNED
AND OPERATED**



Valid at the following Kingston locations:

561 Princess St. (613) 548-3730	2469 Princess St. (613) 544-4443
1201 Division St. (613) 507-3730	96 Innovation Dr. (613) 549-4522
1730 Bath Rd, Unit 6 (613) 384-4442	331 Bath Rd, Unit B (613) 776-0145

*For carryout and delivery. Delivery charge: \$4.99 plus tax.

Pizza: Cals 180-200 per Slice, 16 Slices
Cheesy Bread: Cals 120 per Piece, 8 Pieces
Cinna Stix®: Cals 120 per Pieces, 8 Pieces

Skip the kitchen and support a great cause!

On **Wednesday, September 10th**, order Domino's **Family Fundraiser Deal** — 2 medium 3-topping pizzas, Cheesy Bread, and Cinna Stix for only **\$34.99**.

When you use the **offer code 3370**, Domino's will donate **\$12.50 from every order** to **Ryandale Transitional Housing!**

🍕 **Available at the following Kingston locations:**

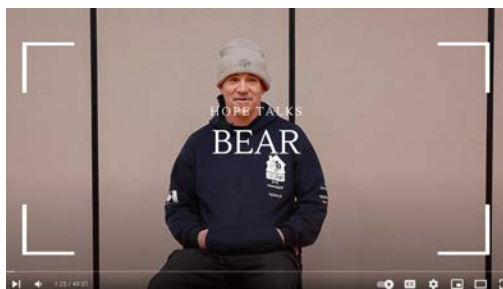
- **561 Princess St.**
- **1201 Division St.**
- **1730 Bath Rd, Unit 6**
- **2469 Princess St.**
- **96 Innovation Dr.**
- **331 Bath Rd, Unit B**

Every order helps provide safe, supportive housing and hope for individuals working toward stability in our community.

Let's make pizza night a night of giving! 💙

Dominos Pizza, Kingston with six locations is locally owned and operated by the same Kingston family for over 25 years!

Hope Talks is Back!



We're excited to announce the return of **Hope Talks** — an afternoon of inspiring personal stories, resilience, and community connection. This special event brings together voices of lived experience, offering courage and hope while shining a light on the journey of recovery.

Missed a past talk?

Watch our **Hope Talks series** on our [YouTube channel](#).



Welcome to the Team, Ryan!



We're thrilled to welcome Ryan to Ryandale Transitional Housing!

Currently completing his Master of Arts in Counselling Psychology, Ryan brings a compassionate, person-centred, and trauma-informed approach to his support work. Before joining us, he served as Acting Team Lead at a youth inpatient treatment facility in British Columbia, where he contributed to recreational programming and interdisciplinary case planning. His work was deeply rooted in adventure-based therapy, and that same passion for strength-based, relational care continues to guide him today.

At Ryandale, Ryan provides empathetic, goal-oriented support to residents navigating complex life transitions. He's especially passionate about creating affirming, inclusive spaces where individuals from

marginalized communities can reclaim their autonomy, rebuild their confidence, and rediscover hope.

“Ryandale creates space for people to rebuild, and it is a privilege to walk alongside them in that journey.” ~ Ryan

Welcome, Ryan — we’re so glad you’re here!

23 Years of Recovery, 23 Years of Inspiring Change



We’re so proud to celebrate Patti our Operations Director at Ryandale who marks 23 incredible years in recovery today!

Patti's journey began back in 1997, when she walked into her first meeting with nothing but the gift of desperation — and the willingness to change. What she found was more than just recovery.

She found purpose, strength, and a life worth living. Her lived experience is at the heart of everything she brings to Ryandale.

Patti doesn't just talk the talk — she walks the walk.

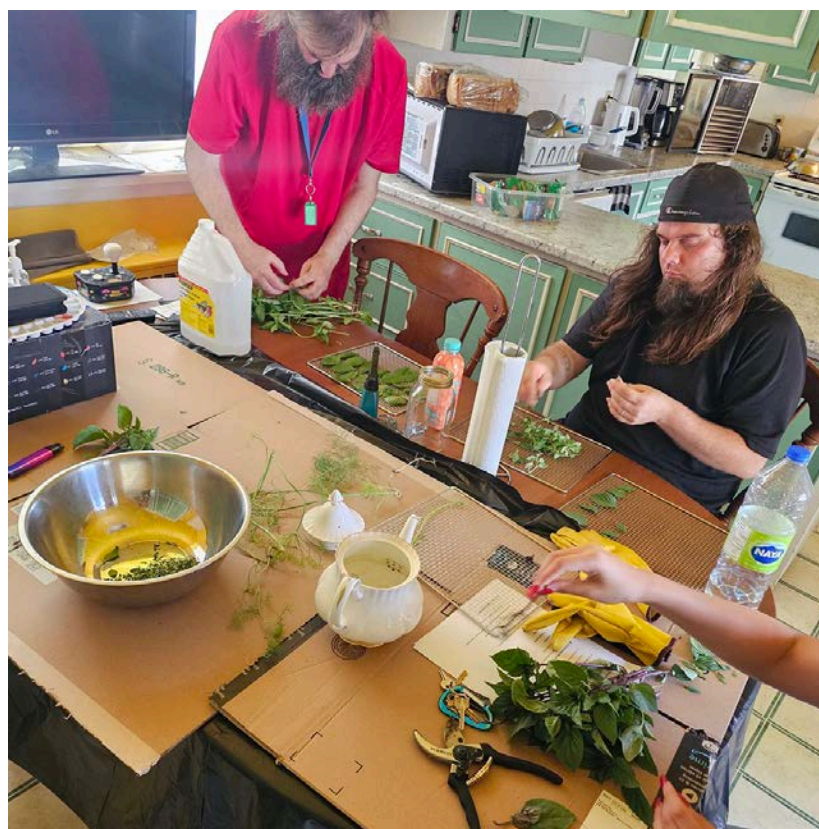
Her compassion, insight, and dedication help guide our residents every day as they work toward stability and healing.

To know Patti is to witness the power of recovery in action.

We're grateful for her leadership, her heart, and her unwavering belief in the possibility of change.

Here's to 23 years of courage, resilience, and making a difference — one day at a time.

Growing Together: Thanks to Tommy's for Supporting Our Garden Workshop



Big thanks to **Tommy's** for supporting our latest garden workshop with some awesome merch for participants! Your generosity brought big smiles and added a fun surprise to the day.

As part of Ryandale's ongoing programming initiative, residents got their hands dirty (in the best way!) during our Garden Pest Prevention Workshop:

Weeded the garden.

Harvested herbs to dry in our dehydrator

Created a natural garden spray to keep pests away

Decorated rocks to attract more pollinators

These kinds of sessions support wellness, connection, and skill-building for our residents — and we couldn't do it without help from our community.

Want to get involved?

We're calling on other local businesses to support our programs with donations — whether it's swag, supplies, or snacks, your contribution helps grow something meaningful.

Reach out to learn more! Email programs@ryandale.ca



A Fresh New Look at Clergy Street Kitchen



Our Clergy Street Kitchen has a brand-new feel!

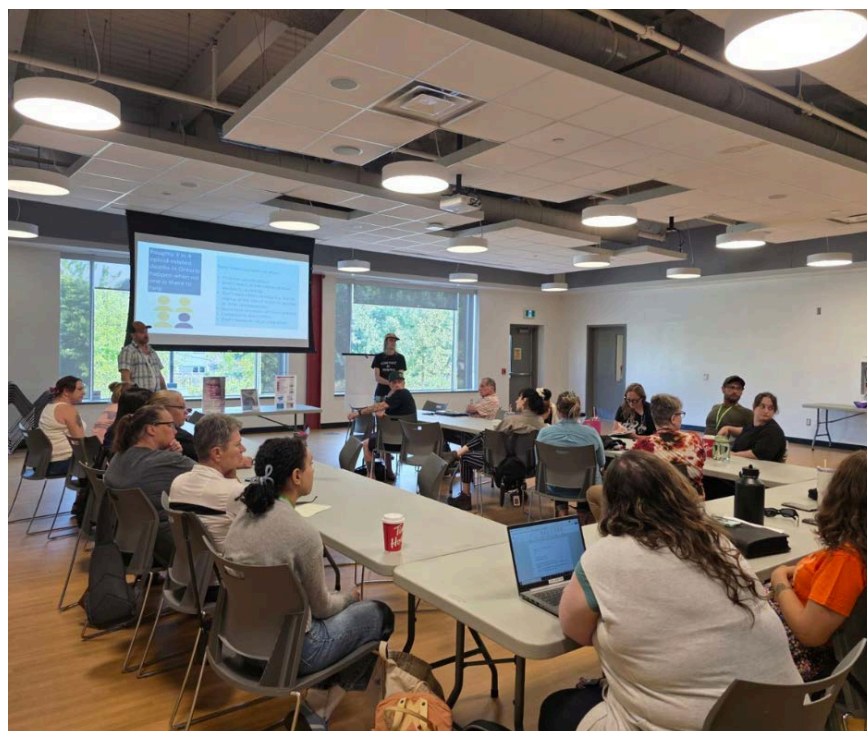
The walls and cupboards have been given a fresh coat of paint in a beautiful shade of blue — bringing warmth and brightness to the space where so many important conversations and meals are shared.

This transformation wouldn't have been possible without the hard work and dedication of our residents, who rolled up their sleeves and worked together to make it happen. Their efforts have created not just a fresh look, but a renewed sense of pride in a space that means so much to our community.

Thank you to everyone who lent a hand — you've helped make our kitchen shine!



Substance Use & Naloxone Training Recap



On Thursday, August 14th, Ryandale Transitional Housing proudly coordinated a powerful training session led by Ryan and Lewis from the South East Health Unit (formerly KFL&A Public Health).

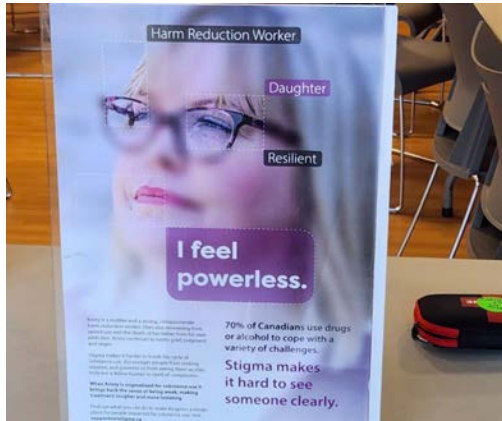
This interactive workshop brought together Ryandale staff and community partners to deepen our understanding of harm reduction, covering everything from shelter and health to substance use and mental wellness.

- Participants learned to:
- Identify substance use tools and street terminology
- Recognize signs of intoxication from stimulants vs. depressants
- Use language that reduces stigma
- Navigate challenging scenarios with compassion
- Administer Naloxone in overdose situations

The session sparked meaningful conversations and left attendees better equipped to support our community with empathy and knowledge.

A heartfelt thank you to the **City of Kingston - Municipal Government** for their support in providing the space that brought this initiative to life.

Thank you to Ryan, Lewis, and everyone who joined us in making this training a success!



United Way KFL&A releases 2024 Point In Time Homelessness Count Report

2024

Results of the Urban Kingston
Everyone Counts:
Point-in-Time Count



**THE TOP CAUSE OF HOUSING LOSS WAS NOT ENOUGH INCOME
REPORTED BY 32% OF PEOPLE EXPERIENCING HOMELESSNESS**

63% WERE WOMEN

In Kingston's most recent Point in Time Count, led locally by **United Way Kingston, Frontenac, Lennox & Addington** with the Government of Canada's Reaching Home strategy, the top cause of housing loss was not enough income — reported by 32% of people experiencing homelessness. Of those, 63% were women.

Equally concerning, the 2024 count showed a 133% increase in individuals experiencing homelessness in Kingston compared to 2021.

Why this matters to Ryandale

Our transitional housing has focused on men, but the findings show a clear need for safe housing for women in Kingston. That's why we're working toward a transitional home for women — a safe, welcoming space to heal, rebuild, and start fresh.

A huge thank you to **United Way Kingston, Frontenac, Lennox & Addington** and to all the incredible local agencies, health care teams, and institutions who made this count possible.

Together, we can shine a light on homelessness and work toward change.

Read the full report:

<https://www.unitedwaykfla.ca/news/2024pitcountreport/>

Silver Lake Powwow



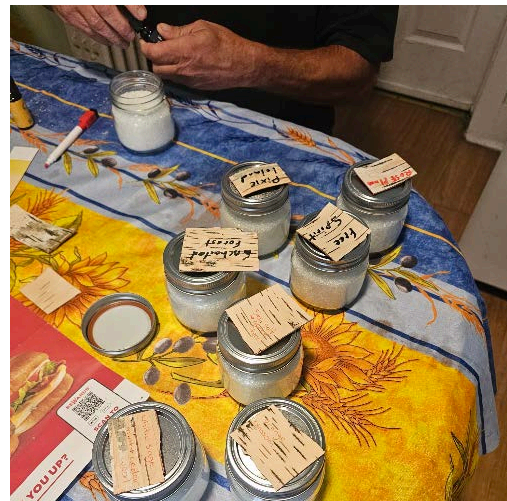
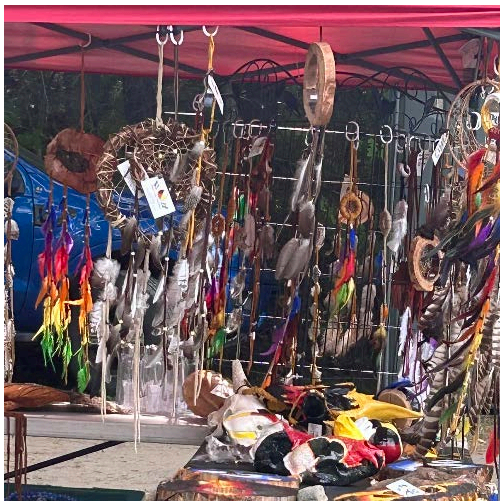
Ryandale residents had an amazing day at the Silver Lake Powwow with our friends from **Tipi Moza!**

We traveled up together as a group, enjoyed the beautiful dancing and songs, and even brought along little jars of homemade bath soaks to contribute to the blanket giveaway.



It was such a gift to learn more about Indigenous culture, share in community, and practice gratitude.

Chii miigwetch to the Silver Lake Powwow committee and Tipi Moza for welcoming us so warmly and for planning such a meaningful event.



Help Us Make a Difference!

“

When someone moves in and tells us it's the first time they've felt safe in years, that's when we see how powerful monthly giving really is."



Change Lives
EVERY MONTH

"When someone moves in and tells us it's the first time they've felt safe in years, that's when we see how powerful monthly giving really is."

~Steve, Support Worker

Monthly donors help us show up every single day for people in need.

Your steady support = real change.

Join the Ryandale Monthly Giving Family

Please consider becoming a monthly donor:

Become a Monthly Donor

Thank you for Reading!

For more information on Ryandale Transitional Housing

Please Visit Our Website

WEBSITE

Follow us on social



Do you like the newsletter? Share it!



Ryandale Transitional Housing

494 Fieldstone Drive, Kingston, ON
K7K 7E5

If you have questions, please feel free to reach out!

operationsdirector@ryandale.ca

You received this email because you signed up.

[Unsubscribe](#) | [Update preferences](#)

