

## Ryandale is Back at the Princess Street Promenade – August 2!



We had an amazing time at the **June Promenade**—connecting with the community, sharing our mission, and seeing so many friendly faces. A

big shout-out to **Molly McIntyre**, the winner of our **Landmark Cinemas draw** for 2 movie tickets and a Movie Lovers Combo! (Check out some photo highlights below **a**)

We're excited to be back on **Saturday, August 2** from **10AM to 5PM**. Stop by our booth to learn more about how Ryandale supports individuals transitioning out of homelessness, chat with our team, and get in on some fun draws!







# **4** Upcoming Draw!

Stop by our booth on August 2 for your chance to win one of six large 3-topping pizzas from Domino's!

# g Draw! Congratulations!

to **Molly McIntyre**, winner of the Landmark Cinemas prize **(two movie tickets & a Movie Lovers Combo)!** 





**A Huge Thank You to Domino's Pizza Kingston!** 



#### Mark Your Calendars!

The next Domino's Fundraiser Night is coming up on August 13. Use offer code: 3370 when you order the deal to keep the support going!

- Available at the following Kingston locations:
  - 561 Princess St.
  - 1201 Division St.
  - 1730 Bath Rd, Unit 6
  - 2469 Princess St.
  - 96 Innovation Dr.
  - 331 Bath Rd, Unit B

Now you can have your pizza... and make a difference too.



Thank you to everyone who placed an order in JULY!

#### Learning, Laughter & Life Skills at Ryandale



At Ryandale, our programming isn't just about activities — it's about connection, confidence, and community. And thanks to our endlessly creative Program Coordinator, Mandy, the past few weeks have been filled with hands-on learning, laughter, and meaningful moments.

# Recycling... in the Form of a Question?

Game night went green with a recycling-themed round of Jeopardy and a waste-sorting match game! Residents tested their knowledge of Kingston's waste management system and



had a blast discovering what doesn't belong in the blue bin.

#### Tick Talk Time

As summer ticks on (pun intended!), Mandy led a workshop on tick safety — covering everything from identifying ticks to preventing Lyme disease. Bonus? Residents got to try out 3D-printed tick removers and see just how simple safe removal can be.



A peaceful day by the water gave residents a chance to fish (or at least try to!), picnic on fresh food from Lionhearts Inc. and our Clergy Street Garden, and even chat with some very social geese. Nature also offered a few lessons — like how cattails can soothe sunburns.

#### Create Space Exploration

Residents recently visited the Kingston Frontenac Public
Library's Create Space — and left buzzing with inspiration!
From button makers to 3D printers, they learned to design and print everything from tiny frogs to practical tools like fishing gear and tick removers. Thank you KFPL!







#### Say hello to Omar!



We're thrilled to welcome Omar to the Ryandale team! With a background in international leadership, instructional design, and service optimization, Omar brings a wealth of experience.

Since 2024, he's been working on the frontlines of Ontario's social services sector, gaining valuable insight into the housing and employment challenges many face.

We feel fortunate to have Omar on board, bringing his passion for positive change and care for the community.

Please join us in giving him a warm welcome! We're so excited to have him on the team!

#### **Meet Steven**



We're excited to welcome Steven to the Ryandale Transitional Housing team!

With over a decade of hands-on experience in construction, carpentry, masonry, and community service,

Steven brings a unique blend of practical skills and heartfelt support to his role. His background includes drywall work, site prep, and maintenance—but just as importantly, he's trained in trauma-informed care, conflict resolution, and overdose response.

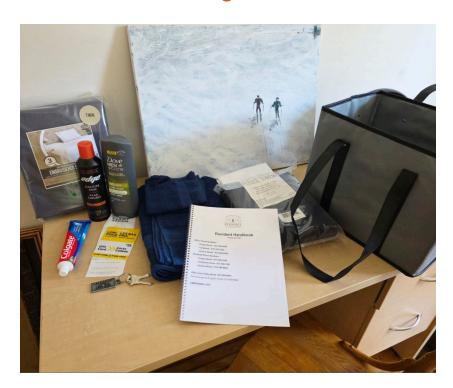
Steven also serves as a board member with a 12-step recovery program, where he mentors others through lived experience and compassion.

In 2023, he earned a diploma from Northern College, focusing on psychology and human behaviour—further strengthening his ability to support people in crisis.

Certified in First Aid, CPR, and de-escalation techniques, Steven is not just a capable builder, but a true advocate for change and community healing.

Please join us in giving him a warm Ryandale welcome!

#### **The Little Things Matter Most.**



At Ryandale, every new resident is welcomed with a thoughtfully prepared package—because we believe everyone deserves to feel at home.

Thanks to the <u>Community Foundation for Kingston & Area</u> and their Spring 2025 Community Grant, we're proud to offer:

- Soft bedding
- Fresh towels & toiletries
- A gift card to get settled
- A special Ryandale keychain
- And a sturdy reusable tote to carry it all

This simple act of kindness goes a long way.

Thank you for helping us make every arrival a little brighter.

**FAN-tastic News & Fresh Updates at Victoria Street!** 



It's been a hot one this summer—and with no A/C at our **Victoria Street House**, we needed to find a cool solution. Thanks to the generous support of the **Davies Charitable Foundation** and a donation of brandnew ceiling fans from **Lionhearts Inc. Kingston**, we were able to install **eight ceiling fans** throughout the home! **Our residents** are already feeling the breeze.

But that's not all—we've been rolling up our sleeves with **painting**, **cleaning**, **and refreshing** the house to make it feel more comfortable and welcoming. A big thank-you to <a href="Home Depot">Home Depot</a> for providing a \$200 gift card that helped cover the cost of paint and supplies \$\infty\$

And of course, this transformation wouldn't be possible without the hard work and heart of our **residents**, **staff**, **and volunteers**—who did all the cleaning, painting, and prep themselves.

With a little teamwork and a lot of care, Victoria Street is feeling cooler, brighter, and more like home.





#### We Did It! Our New Website Is Live!







After months of behind-the-scenes work, Ryandale Transitional Housing has a fresh new look online — and it's finally LIVE at <a href="https://www.ryandale.ca">www.ryandale.ca</a>!

This update makes it easier than ever to:

- Learn about our transitional housing program
- Connect with our team
- Donate, get involved, and support your community

Stay up to date with what's happening at Ryandale

We've poured heart and soul into making this space more welcoming, accessible, and informative — just like our homes.

Check it out and let us know what you think! <a href="https://ryandale.ca/">https://ryandale.ca/</a>

#### A Neighbour with Heart: Thank You, Jim!



A dedicated volunteer with <u>Lionhearts Inc. Kingston</u>, Jim has been giving back to the community ever since he retired—delivering food across Kingston with heart and purpose.

Even better? **Jim is one of our neighbours** at Fieldstone Drive, and we feel incredibly lucky to have him nearby.

This week, he dropped off fresh fruits and vegetables at our Fieldstone house, helping ensure our residents have healthy, nourishing options.

Thank you, Jim, for your kindness, your consistency, and your neighbourly spirit. You're a true community champion in every sense of the word!

# Help Us Make a Difference!

At Ryandale Transitional Housing, we believe in second chances, dignity, and community support—and we can't do this work alone.

#### Make a Donation

Every dollar helps us provide safe housing, compassionate support, and a path forward for those experiencing homelessness and housing insecurity.

#### **DONATE**

#### Volunteer With Us

Looking for a meaningful way to give back? Whether you can help with meals, activities, or simply lend a listening ear, your time can make a real impact in the lives of our residents.

**VOLUNTEER** 

### Thank you for Reading!

For more information on Ryandale Transitional Housing

Please Visit Our Website

**WEBSITE** 

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#### **Ryandale Transitional Housing**

669 Victoria St, Kingston, ON, K7K 4S6 If you have questions, please feel free to reach out!

operationsdirector@ryandale.ca

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