



Community
CONNECTIONS

Help Ryandale Win \$5,000!

McDougall
INSURANCE & FINANCIAL
Community Contest

THIS IS WHAT
community
Looks Like!

RYANDALE TRANSITIONAL HOUSING

VOTE NOW

May 23rd - May 31st!

🎬💰 **We're in it to win it — and we need YOU!** 💰🎬

Ryandale has entered a \$5,000 video contest with [McDougall Insurance](#), and the winner is chosen by public vote.

- ✓ Voting starts **Friday, May 23rd**
- ✓ You can vote **once a day**
- ✓ Every vote supports safe, stable housing for those in need

[CLICK HERE TO VOTE](#)

VOTE daily! Help Ryandale bring it home! 🏠❤️

BBQ for a Cause – Join Us for Lunch!

We're excited to share that the **Kingston Community Credit Union (KCCU)** is hosting a **BBQ fundraiser on Friday, May 30th** — and **100% of the proceeds will support Ryandale Transitional Housing!**

Join us for a
**FUNDRAISER
BBQ** in support of



May 30th, 2025 | 11 am - 2pm

795 Gardiners Road (KCCU)

All proceeds will be donated to **Ryandale Transitional Housing**



KCCU has always shown a deep commitment to strengthening our community, and this is just one more example of their generosity in action. We're incredibly grateful for their continued support of our mission to provide safe and stable housing for those in need.

☀️ **Come join us for lunch**, meet the team, and enjoy a bite while giving back to a great cause!

Let's make this a lunchtime to remember — see you there!

Empowering New Beginnings!

Thank you

Community Foundation for Kingston & Area



We're thrilled to share that our grant for Ryandale Transitional Housing Welcome Packages has received full funding of \$10,000.00 from the [Community Foundation for Kingston & Area](#) Spring 2025 Community Grants Program!

These Welcome Packages will be given to every new resident when they arrive at Ryandale.

During what is often a difficult transition, each package will be filled with essentials like fresh sheets, soft towels and toiletries—small comforts that mean so much help create a sense of comfort and belonging, reminding each resident that they are valued, supported, and not alone on their journey.

Thanks to this generous support from [Community Foundation for Kingston & Area](#), we can continue offering warmth, dignity, and a fresh start to those rebuilding their lives.

Thank you for helping us make every new beginning feel a little more like home.

Thank You for Supporting New Beginnings!

STAY TUNED—WE LOOK FORWARD TO SHARING MORE ABOUT THE IMPACT OF THIS AMAZING PROGRAM!

<https://cfka.org/>

Supporting Mental Health Together: Ryandale at the KGH Resource Fair



During Mental Health Week, Ryandale Transitional Housing was honoured to participate in the Resource Fair at Kingston General Hospital Atrium on May 5.

The event brought together a wide range of community organizations, all sharing the same goal—supporting individuals and families on their journey to better health and stability.

It was a meaningful opportunity to connect with others doing important work across our region, and to share information about the services Ryandale offers to those experiencing housing insecurity.

Thank you to [Kingston Health Sciences Centre](#) for hosting and to everyone who stopped by to learn more about our mission.

Events like these remind us that collaboration and compassion are key to building a stronger, healthier community.



Rooted in Hope: Connecting with Our Community Partners



A heartfelt thank you to the [**Frontenac Human Services & Justice Coordinating Committee**](#) (HSJCC) for bringing so many caring and committed organizations together in one space on May 7, 2025.

Events like the **Community Services Fair** remind us just how many incredible resources are available right here in Kingston & Frontenac — from housing and employment supports to mental health and wellness services.

It was a beautiful opportunity to connect, to learn, and to share what we do at Ryandale — and most of all, to be reminded that we're not alone in this work.

We're part of a larger community that believes in second chances, dignity, and support for all.



Ryandale at the Community Housing Forum: A Day of Insight and Collaboration

KINGSTON COMMUNITY HOUSING FORUM 2025: AFFORDABLE RENTAL HOUSING

Wednesday May 14, 2025 – 9:30 am to 3:30 pm
Portsmouth Olympic Harbour, Kingston
(Lunch & Refreshments Included)

Join us to hear from Guest Speakers:

- "Facts and Forecasts: What's happening in Kingston's Rental Market"**
Ken Foulds, Re/fact Consulting
- "How Non-Profits Keep Valuable Social Real Estate Affordable"**
Sarah Button, Centretown Citizens Housing Corporation, Ottawa
- "Using Trusts & Bonds to Keep Rental Housing Affordable"**
Mike Bulthuis, Ottawa Community Land Trust
- "City of Kingston Successes for Affordable Rental Housing"**
John Henderson, City of Kingston

Get insights on innovative projects in Kingston from a panel of local housing groups:

- Tipi Moza (Iron Homes)
- Veterans Village – Homes For Heroes
- Marion Community Homes
- Providence Village & Friends of Providence Commons

Engage in discussion groups:

- Building on successes for affordable rental housing in Kingston

REGISTRATION:
The Forum Registration Fee is **(\$35)**
Registration Form Link: <https://sur.li/hndis>

QR Code

Contact us for more information:
spckingston00@gmail.com

2025 Housing Forum organized with support from:

City of Kingston	Sisters of Congregation of Notre Dame (CND)	Ken Foulds (Re/fact Consulting)
KAREA	KEYS	Arcadis
Martha Beach (Developmental Services Ontario, SE Region)	Archdiocese of Kingston	Community Donations

On May 14, Ryandale's Operations Director had the privilege of attending the 2025 **Community Housing Forum – Affordable Rental Housing**, hosted by the **Social Planning Council of Kingston & District (SPCK&D)** at St. Luke's Church.

With over 80 participants from Kingston and surrounding regions — including Ottawa, Durham/Ajax, and beyond — the forum was a powerful day of learning, collaboration, and action. Running from 9:30 a.m. to nearly 4 p.m., the event brought together voices committed to tackling the affordable housing crisis.

It was encouraging to see the level of engagement from all attendees, including representatives from the **City of Kingston**, who shared valuable insights and updates.

A heartfelt thank you to SPCK&D for organizing this important and impactful gathering. Events like this strengthen our collective efforts to create safe, stable, and affordable housing for all.



Friends of Ryandale

A Beautiful Day at Ryandale!



What an incredible day it was! Our backyard was filled with laughter, sunshine, and the delicious smell of BBQ as **residents, staff, and members of the Rotary Club of Cataraqui-Kingston** came together for a special afternoon.

This wasn't a fundraiser — it was something even more meaningful. It was a chance to slow down, share a meal, connect as a community, and simply enjoy each other's company.

Thanks to the incredible generosity of the Rotary Club, we now have **two brand-new BBQs** to enjoy — and we certainly put them to good use! Their thoughtful gift has already made a big impact, and we can't wait for all the future meals and moments these BBQs will help bring to life.

💛 **Thank you, Rotary, for your continued support, your kindness, and for helping make this day so memorable.**



Smashing Fun at Breaking Brad! ✨



A **HUGE thank you** to the team at **Breaking Brad Smash Room** for welcoming Ryandale Transitional Housing this month — what an absolute blast!

Our **residents and staff** had an unforgettable time smashing stress, breaking barriers, and just letting loose in a safe, supportive, and wildly fun environment. Whether it was a plate, a printer, or just the weight of a tough week, everything was fair game — and the release was real.

It was more than just fun — it was empowering. Opportunities like this help build connection, boost mental wellness, and remind us that healing can sometimes come with a little noise and a lot of laughter.

Thank you, **Breaking Brad**, for your generosity, your kindness, and for giving our community the chance to create some seriously joyful memories. We're so grateful for your support and partnership!

Celebrating John: A Journey of Strength, Sobriety, and New Beginnings



In **September 2024**, John walked through Ryandale's doors. In his own words, that moment **saved his life**.

This past **April**, we had the immense honour of celebrating a powerful milestone with him: **one full year of sobriety**. His courage, humility, and determination in the face of adversity continue to inspire everyone around him.

And today, we're thrilled to share another incredible update—**John has moved into his very own apartment**, stepping into a new chapter marked by **independence, hope, and possibility**.

He was recently accepted into the **ASH (Addiction Supportive Housing) program** and is now living in **Belleville**, just a short distance from his hometown of **Trenton**. One of the most meaningful parts of this move? He's now closer to his loved ones—a connection that brings him a renewed sense of **purpose, peace, and belonging** as he continues his recovery journey.

John's journey is a powerful reminder of why Ryandale exists, and why **your support truly matters.**

Every step he takes is a step toward **healing, stability, and a brighter future**—not just for him, but for everyone who walks this path of transformation.

Congratulations, John. We're so proud of you. 🧡

Thank You, Jessica!



It is with both gratitude and a heavy heart that we say goodbye to our House Manager, Jessica, as she embarks on a new path.

Jessica's dedication, compassion, and leadership have left a lasting impact on Ryandale Transitional Housing. For years, she brought her whole heart to the work—showing up every day for our residents, our mission, and our team. Her ability to find strength and even joy in challenging moments inspired all of us, and we're incredibly thankful for all she gave.

Jessica, thank you for being a pillar of support and a true champion for our residents.

We wish you all the best in your next chapter and hope you'll always consider Ryandale part of your story.

Help us welcome Dave to the Ryandale family!



Dave brings a wealth of experience supporting individuals facing mental health and addiction challenges.

With a background in both the private and public sectors, he is deeply committed to developing and evaluating social programs — with a passion for encouraging and empowering men to rediscover their purpose after experiencing severe hardships.

We're so lucky to have him on board. Welcome, Dave!

Help Us Make a Difference!

At Ryandale Transitional Housing, we believe in second chances, dignity, and community support—and we can't do this work alone.

👉 Volunteer With Us

Looking for a meaningful way to give back? Whether you can help with meals, activities, or simply lend a listening ear, your time can make a real impact in the lives of our residents.

VOLUNTEER

♥ Make a Donation

Every dollar helps us provide safe housing, compassionate support, and a path forward for those experiencing homelessness and housing insecurity.

DONATE

Thank you for Reading!

For more information on Ryandale Transitional Housing

Please Visit Our Website

WEBSITE

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Do you like the newsletter? Share it!



Ryandale Transitional Housing

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If you have questions, please feel free to reach out!

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